

## Adventist Health Clear Lake Hospital 2022 Community Health Plan



The following Implementation Strategy serves as the 2020 – 2022 Community Health Plan for Adventist Health Clear Lake and is respectfully submitted to the Office of Statewide Health Planning and Development on May 19<sup>th</sup>, 2023 reporting on 2022 results.

## Executive Summary

### Introduction & Purpose

Adventist Health Clear Lake Hospital is pleased to share its Community Health Implementation Strategy. This follows the development of its 2019 Community Health Needs Assessment (CHNA) in accordance with requirements in the Affordable Care Act and IRS 990 Schedule H requirements and approved by the Adventist Health Board of Directors on October 17, 2019.

After a thorough review of the health status in our community through the community health needs assessment (CHNA), we identified areas that we could address using our resources, expertise and community partners. Through these actions and relationships, we aim to empower our community and fulfill our mission of “Living God’s love by inspiring health, wholeness and hope.”

The results of the CHNA guided this creation of this document and aided us in how we could best provide for our community and the vulnerable among us. This Implementation Strategy summarizes the plans for Adventist Health Clear Lake Hospital to develop and collaborate on community benefit programs that address prioritized health needs identified in its 2019 CHNA. Adventist Health Clear Lake has adopted the following priority areas for our community health investments.

#### Prioritized Health Needs – Planning to Address

- **Health Priority #1:**
  - Address drug abuse/substance use within the community
- **Health Priority #2:**
  - Increase housing stability and target homelessness
- **Health Priority #3:**
  - Community outreach & education for all high need and/or disenfranchised communities and access to health services
- **Health Priority #4:**
  - Increase opportunity for cancer prevention and screenings

Building a healthy community requires multiple stakeholders working together with a common purpose. We invite you to explore how we intend to address health challenges in our community and partner to achieve change. More importantly, we hope you imagine a healthier region and work with us to find solutions across a broad range of sectors to create communities that define the well-being of people.

The purpose of the CHNA was to offer a comprehensive understanding of the health needs in Adventist Health Clear Lake Hospital service area and guide the hospital’s planning efforts to address those needs.

The significant health needs were identified through an analysis of secondary data and community input. These health needs were identified according to a set of criteria that included primary and secondary data on Lake County and responses received from Community Forums held around Lake County. We recognized that many of the priority health needs from prior CHNAs remain health issues for Lake County. For further information about the process to identify and prioritize significant health needs, please refer to Adventist Health Clear Lake Hospital CHNA report at the following link:

<https://www.adventisthealth.org/about-us/community-benefit/>

## Adventist Health Clear Lake Hospital and Adventist Health

Adventist Health Clear Lake Hospital is an affiliate of Adventist Health, a faith-based, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii.

### Vision

Adventist Health will be a recognized leader in mission focus, quality care and fiscal strength.

### Mission Statement

Living God's love by inspiring health, wholeness and hope.

### Adventist Health Includes:

- 23 hospitals with more than 3,600 beds
- 290 clinics (hospital-based, rural health and physician clinics)
- 15 home care agencies and eight hospice agencies
- Three retirement centers & one continuing care retirement community
- A workforce of 37,000 including associated medical staff physicians, allied health professionals and volunteers

We owe much of our heritage and organizational success to the Seventh-day Adventist Church, which has long been a promoter of prevention and whole person care. Inspired by our belief in the loving and healing power of Jesus Christ, we aim to bring physical, mental and spiritual

health and healing to our neighbors of all faiths. Every individual, regardless of his/her personal beliefs, is welcome in our facilities. We are also eager to partner with members of all faiths to enhance the health of the communities we serve.

Our commitment to quality health care stems from our heritage, which dates to 1866 when the first Seventh-day Adventist healthcare facility opened in Battle Creek, Michigan. There, dedicated pioneers promoted the "radical" concepts of proper nutrition, exercise and sanitation. Early on, the facility was

devoted to prevention as well as healing. They called it a sanitarium, a place where patients—and their families—could learn to be well.

More than a century later, the health care system sponsored by the Seventh-day Adventist Church circles the globe with more than 170 hospitals and more than 500 clinics, nursing homes and dispensaries worldwide. And the same vision to treat the whole person—mind, body and spirit—continues to provide the foundation for our progressive approach to health care.

## Summary of Implementation Strategies

### Implementation Strategy Design Process

Stakeholders from the 19 hospital facilities in the Adventist Health System were invited to participate in a Mission Integration Summit on September 26 and 27, 2019. During these two day-long events, participants were introduced to the 2019 Adventist Health Implementation Strategy Template. After the summit, each hospital was invited to participate in a series of technical assistance calls and consultation sessions with representatives from Adventist Health Community Integration and Conduent Health Communities Institute to further develop and refine their implementation strategy.

### Adventist Health Clear Lake Hospital Implementation Strategy

The implementation strategy outlined below summarizes the strategies and activities by Adventist Health Clear Lake Hospital to directly address the prioritized health needs. They include:

- **Health Need 1: Address drug abuse/substance use within the community including alcoholism**
  - SUN ED Navigator, Complete ED Bridge Program, and implement Hub & Spoke
  - X-Wavier training & certification course for ED providers
  - Opioid Recovery, Detox & Counseling Services / Live Well Institute
- **Health Need 2: Increase housing stability and target homelessness**
  - Expanding Project Restoration – Restoration House Support Staffing
  - Providing supportive housing navigation for permanent supportive housing
  - Hope Rising – Hope Center opened December 2020
  - Elijah House COVID Shelter established and supported by AHCL
- **Health Need 3: Community outreach & education for all high need and/or disenfranchised communities and access to health services**
  - Shower Trailer
  - Safe Sleeping for Baby & Mothers – Spanish Language
  - Food Insecurity Program to provide fresh food as COVID relief
  - Konocti Clinic – Provide Care on School Campus
- **Health Need 4: Increase opportunity for cancer prevention and screenings**
  - New screening for Hereditary cancer using Dr. Westgate's 'AHEAD' program in Family Practice at Hilltop Medical Building, and Women's Care department in the hospital.
  - 3D Mammography – Incentive gift for compliance.
  - Colon cancer screening

- Prostate cancer screening
- Smoking Cessation

The Action Plan presented below outlines in detail the individual strategies and activities Adventist Health Clear Lake Hospital will implement to address the health needs identified through the CHNA process. The following components are outlined in detail in the tables below: 1) actions the hospital intends to take to address the health needs identified in the CHNA, 2) the anticipated impact of these actions as reflected in the Process and Outcomes measures for each activity, 3) the resources the hospital plans to commit to each strategy, and 4) any planned collaboration to support the work outlined.

No hospital can address all the health needs identified in its community. Adventist Health Clear Lake Hospital is committed to serving the community by adhering to its mission, and using its skills, expertise and resources to provide a range of community benefit programs. This Implementation Strategy does not include a specific plan to address the following significant health needs identified in the 2019 CHNA.

#### **Significant Health Needs – NOT Planning to Address**

- AHCL strives to address all significant health needs in our community. The 2019 Lake County CHNA identified 4 significant priority health needs. AHCL is operating & expanding programs aimed at addressing community health needs in all identified 4 priority areas.

## COVID-19 Considerations

The COVID-19 global pandemic has caused extraordinary challenges for Adventist Health hospitals and health care systems across the world including keeping front line workers safe, shortages of protective equipment, limited ICU bed space and developing testing protocols. They have also focused on helping patients and families deal with the isolation needed to stop the spread of the virus, and more recently vaccine roll out efforts.

Adventist Health, like other health care systems, had to pivot its focus to meet the most urgent healthcare needs of its community during the pandemic, as well as reassess the ability to continue with some community health strategies due public health guidelines for social distancing. Adjustments have been made to continue community health improvement efforts as possible, while ensuring the health and safety of those participating. The Strategy Action Plan Grids on the following pages reflect updated activities for each strategy.

In FY21, Adventist Health as a system took the following actions in response to the needs created or exacerbated by COVID-19:

- Began offering more virtual health care visits to keep community members safe and healthy
- Developed an online symptom tracker to help community members determine if they may have COVID-19 or some other flu type illness and what steps to take
- Was part of a communitywide effort by the local health system to vaccinate eligible community members to help stop the spread of the virus

## The Adventist Health + Blue Zones Project Lake County

Our desire to improve community well-being grew out of not only our mission at Adventist Health -to live God's love by inspiring health, wholeness and hope – but also by the sheer need as seen across our system hospitals. Overwhelmingly, we see issues related to health risk behaviors, mental health and chronic illnesses throughout the communities we serve. That is why we have focused our work around addressing behavior and the systems preventing our communities from achieving optimal health.

In 2020, Adventist Health acquired Blue Zones as a step toward reaching our solution. By partnering with Blue Zones, we will be able to gain ground in shifting the balance from healthcare – treating people once they are ill – to transformative health and wholeness – changing the way communities live, work and play.

Across the globe lie blue zones areas – places where people are living vibrant, active lives well into their hundreds at an astonishing rate—and with higher rates of well-being. Attaining optimal well-being means that our physical, emotional, and social health is thriving. The Blue Zones Project works with communities to make sustainable changes to their environment, policies, and social networks to support healthy behaviors. Instead of a focus on individual behavior change, it is an upstream solution focused on making healthy options easy in all the places people spend most of their time. The Blue Zones Project is committed to measurably improving the well-being of community residents and through their proven programs, tools and resources, utilizes rigorous metrics to inform strategies and track progress throughout the life of the project. This includes well-being data, community-wide metrics, sector-level progress and outcome metrics, transforming community well-being by making changes to environment, policy, worksites and social networks that create healthy and equitable opportunities for all.

In September of 2021, Adventist Health Clear Lake proudly launched Blue Zones Project Lake County (BZPLC). The BZPLC team wakes up each morning focused on partnering and collaborating with community leaders and organizations active in the sectors of built environment, education, economic and workforce development, mental and physical well-being, policy, and public health. Together the BZPLC team and sector leaders develop a community Blueprint that strategically aligns and leverages the actions and resources of the sectors where we live, learn, work, and play to help advance the efforts around the community's biggest Social Determinant of Health challenges while connecting them to Health-Related Social Needs organizations.

Equity is a strategic priority woven throughout the Blueprint and programs. Policies and initiatives are developed in a way that honors the local culture that is focused on reaching out to all populations. Each year BZPLC sector leads come together to evaluate and update the Blueprint to ensure community alignment.

## 2022 BLUE ZONES PROJECT LAKE COUNTY UPDATE

From May through December 2021, the Blue Zones Project team assessed Lake County's readiness to undertake the community well-being transformation initiative where the healthy option becomes the

easy option through permanent changes in environment, policy, and social networks. The Blue Zones Project team conducted a comprehensive analysis of the current state of well-being and met with local leaders and stakeholders across all sectors to learn about the strengths, challenges, and opportunities for improving well-being in Lake County. The team's findings are summarized in the Blue Zones Project Discovery Report. The findings in that report were coupled with expert-led discovery meetings in the policy areas of built environment, tobacco, and food policy to inform the Blueprint for Blue Zones Project implementation in Lake County.

Baseline health data was collected in November and December of 2021 and will be reassessed in November and December of 2023. In April 2022, BZPLC launched the transformation phase of the Project, focusing on People, Places, and Policy. Below is a summary of Progress Outcomes for 2022.

## PEOPLE

The local BZPLC Team coordinated a Kick-off Events in 2022 to spread awareness throughout the County.

1,267 unique individuals 15 years or older participated in Blue Zones Project activities.

- Blue Zones Story Speech: 1,012
- Walking Moais: 12
- Purpose Workshops: 104
- Cooking Demos/Classes: 102
- Volunteers: 17
- Sharecare Digital Platform: 23

## PLACES

### *Schools*

Four of the six school districts in Lake County have registered all their school sites to become Blue Zones Approved and are actively working through the pledge packet process with school board approval (equating to 15 of the 23 public schools in Lake County). In addition, BZPLC team members were invited to present at the ACSA (Association of California School Administrators) local chapter meeting, which has representation from all of Lake County's school districts.

- Konocti Unified School District is highly engaged. In April 2023, the district launched their own Blue Zones Celebration community event, where Nick Buettner delivered the Blue Zones Story Speech, and all schools in the district hosted activity tables which highlighted the Blue Zones Power 9. In April 2023, over 50 high school students participated in a well-being statistics project, where they researched student health and well-being utilizing questions they had formulated based on a Blue Zones Power 9 presentation that BZPLC team members had delivered. They presented their findings to a panel of school staff and community members (including AH and BZPLC team members), along with recommendations for action items to increase student and staff well-being. The superintendent plans to implement the student recommendations in the 2023-24 school year. In May/June of 2023, the BZPLC team is scheduled to participate in each elementary school's annual field day, which for the first time ever will have a focus on health and well-being. In addition, one elementary school will deepen



the implementation of their Bus-to-Walk program with BZPLC support in May 2023, and another elementary school plans to host a Walking School Bus Demo in June 2023 with support from the BZPLC team. The district also invited AH and BZPLC team members to participate in the LCAP (Local Control Accountability Process) discovery meetings, and plans to write BZPLC into their 2023-24 district Local Control and Accountability Plan (LCAP).

- Kelseyville Unified School District has plans for school approvals, starting at the elementary level, during the 2023-24 school year. BZPLC team members and Nick Buettner have engaged with the district through board presentations, staff presentations, and at Back to School nights.
- Upper Lake Unified School District has plans for school approvals, starting at the elementary level, with plans for approval by June 2023. BZPLC team members have engaged with the district through board presentations, staff presentations, and at Back to School nights.
- Lucerne School District is registered, with plans to focus on the pledge process during the 2023-24 school year.
- Lakeport Unified School District has not registered yet, but the BZPLC team has connected with the superintendent and is working to set up a planning meeting prior to the 2023-24 school year.

### **Restaurants**

- 1 restaurant achieved Blue Zones Approval status in year 1. Two more are registered, actively engaged in the pledge process, and nearing approval. Another newly opened restaurant plans to register in Summer 2023.
- BZPLC was invited to make a presentation at Lake County's first annual Restaurant Expo. Members of the Blue Zones Project Monterey County also participated, sharing best practices and successes from Monterey County to help inspire Lake County restaurant owners.
- Engaging restaurant owners in kick-off celebrations was a great way to demonstrate the value of Blue Zones Project approval status. Lake County restaurants that participated in the community kick-off event were provided with the opportunity to showcase healthy, delicious foods to a large population of people who had never frequented their establishments as per participant testimonies.
- Many restaurants offer healthy, organic, plant-based entrées as part of their menu options, and BZPLC utilizes their catering services whenever possible in order to highlight them and engage them BZP.

### **Grocery Stores**

- Foods Etc. in Clearlake, became Blue Zones Approved in November 2022, and the team is actively seeking engagement from a second grocery store.

### **Worksites**

- E Center WIC was Blue Zones Approved in April 2023.
- North Coast Opportunities is registered and actively working toward approval.
- Adventist Health Clear Lake, one of our top employers in Lake County is pursuing Blue Zones Certification and is actively engaged in Blue Zones Project activities, with representation on BZPLC Steering Committee, Leadership Team, and Sector Committees.

- The City of Clearlake is registered and actively working through the pledge process.
- Lake County Office of Educations is registered and actively working through the pledge process.
- Strong Financial is registered and actively working through the pledge process.
- Woodland Community College is registered.
- Redwood Food Bank is registered.
- Konocti Unified School District, Upper Lake Unified School District, and Kelseyville Unified School District are registered and actively working through the pledge process.

#### **Other Organizations**

- Kelseyville Sunrise Rotary was recognized as a Blue Zones participating organization in November 2022.
- The Ripe Choice Farm was recognized as a Blue Zones participating organization in April 2023.

## **POLICY**

### **Built Environment**

- Capacity Building
  - BZPLC hosted Urbswork for a two-day community project tour series and two community events in Lakeport and Clearlake April 19-20, 2023. City officials, planners, educators, representatives from the medical community and grassroots community members attended and provided valuable input on the direction of Complete Streets and Safe Routes to Schools initiatives.
  - BZPLC has been participating integrally with the Parks and Rec Master Planning Community Visioning process.

### **Food**

- Capacity Building
  - BZPLC is collaborating with the Mendocino-Lake Food Hub in support of a business plan for the organization.
  - BZPLC hosted a forum of agriculture leaders with Supervisor Sabatier on March 23, 2023 to promote local agriculture expansion and food systems strengthening.

### **Tobacco**

#### Capacity Building

- Adventist Health and BZPLC cohosted a vaping summit on November 16, 2022. It was a monumental community leader gathering where decision-makers from both Lake County and City of Clearlake agreed to promote the adoption of smoke-free and commercial tobacco retail policies in 2023.
- BZPLC championed the formation of a Commercial Tobacco Joint Policy Workgroup which is promoting policy options in Lakeport, Clearlake and County Unincorporated. This group produced a Joint Policy Platform and its innovations and strategies have influenced coalitions in Mendocino County, Yuba, Sutter and beyond.

## Adventist Health Clear Lake Implementation Strategy Action Plan

<b>Priority Health Need: Address Drug Abuse/Substance Use Within the Community</b>				
<b>Goal Statement: Improve healthy behavior by reducing drug dependency.</b>				
<b>Mission Alignment: Well-Being of People</b>				
<b>Strategy 1: Fill gaps in drug addiction recovery services and continuum to improve recovery, access, and outcomes.</b>				
Program/Activity	Metrics			
<i>Activity 1.1- ED Bridge and Substance Use Navigator (SUN) Program</i>	<b>Process Measure:</b>	<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>
	Number of Encounters	370	778	1,534
	Number of Interventions	285	489	746
	Number of those who accepted treatment	111	189	270
	<b>Short Term Outcomes:</b>			
	Percentage of patients being seen by SUN & accepting treatment	39%	35%	64%
	<b>Medium Term Outcomes:</b>			
Number of people Bridged & receiving addiction treatments	118	239	746	
<i>Activity 1.2- X-Wavier Training &amp; Certification</i>		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>
	<b>Process Measure:</b>			
	Number of X-Wavier Certified providers in Lake County	11	11	11
	<b>Short Term Outcomes:</b>			
Increased access to opioid treatment & number of patients receiving services for each x-wavered provider				
<b>Medium Term Outcomes:</b>				
Reduction in overdoses/opioid related hospitalizations/deaths in Lake County				
<b>Additional Resources</b>				
<i>Opioid Recovery- Live Well Services</i>		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>
	<b>Process Measure:</b>			
	Percentage of Success Rate			
	<b>Short Term &amp; Medium-Term Outcomes:</b>			
Number of New Clients	On-Hold Due to COVID-19	On-Hold Due to COVID-19		
Number of Recidivism				
Capacity Rate				
<b>Source of Data:</b>				

AHCL hospital medical record/Cerner, SUN/Bridge self-reporting, CA Opioid Dashboard ( <a href="https://skylab.cdph.ca.gov/ODdash">https://skylab.cdph.ca.gov/ODdash</a> ).
<b>Target Population(s):</b> SUD diagnosed patients with co-occurring illnesses. New patients ready for SUD treatment.
<b>Adventist Health Resources:</b> (financial, staff, supplies, in-kind etc.) Staff, Financial, Data Tracking Supplies
<b>Collaboration Partners:</b> All organizations with x-wavered providers: Dr. Bradley, Mendocino Lakeview clinic, Sutter Lakeside Hospital. Lake County Behavioral Health, AA, NA, Celebrate Recovery, church groups throughout Lake County. *CARE, Inc.
<b>CBISA Category:</b> A - Community Health Improvement

**Strategy Results 2022:**

Adventist Health Clear Lake recognizes the increasing need for addiction services with our hospital emergency department and outpatient clinic care. For that reason, increased efforts have been made in outreach and education of our associates, providers, the communities we serve, and most importantly those suffering with the pain from the disease of addiction. Over the past five years, in order to better serve our communities Adventist Health Clear Lake has applied for and received grant funding to provide Medically Assisted Treatment (MAT) and the CA Bridge grant, to specifically address California’s opioid epidemic and to accelerate health organizations progress to reduce opioid related deaths and addiction.

Continued COVID-19 protocols and impact on staffing complicated the ability to collect and record relevant and accurate data. Continued partnership with community organizations such as Lake County Faith Leaders Network and their “Celebrate Recovery” programs to address drug and substance abuse was expanded. Other strategies were adapted to meet these needs, as well.

<b>Priority Health Need: Increase housing stability and target homelessness.</b>
<b>Goal Statement: Connect high utilizers of healthcare to housing.</b>
<b>Mission Alignment: Well-Being of People</b>
<b>Strategy 1: Grow capacity for existing programs and reduce time to secure supportive housing for program participants.</b>

Program/Activity	Metrics			
		Year 1 2020	Year 2 2021	Year 3 2022
<i>Activity 1.1- Restoration Hours</i>	<b>Process Measure:</b>			
	Number of Clients	8	Data currently unavailable	16
	Number Housed	4		Data currently unavailable
	Number of Inpatient Hospitalizations	37		
	Number of ED Vistis	15		
	Number of Jail Days	92		
	Number of EMS Transports	N/A		
	Number of Police Department Calls	17		
	<b>Short Term Outcomes:</b>			
	Client acuity from enrollment to graduation.		Data currently unavailable	Data currently unavailable
	Time to housing placement	N/A		Data currently unavailable
	Number wait listed participants			
	<b>Medium Term Outcomes:</b>			
Average acuity improvement per patient		Data currently unavailable	Data currently unavailable	
Improvement in LOS	N/A			
Reduced number of wait listed participants				
<i>Activity 1.2- Hope Center</i>		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>
	<b>Process Measure:</b>			
	Number of People Served		Data currently unavailable	101
	Number of People Housed	Facility Opened in Dec. 2020		51
	Number of Hospitalizations			
Number of ED Visits				

	Number of Jail Days	Facility Opened in Dec. 2020	Data currently unavailable	Data currently unavailable	
	Number of EMS Transports				
	Number of Police Department Calls				
	<b>Short &amp; Medium Term Outcomes:</b> LOS. Admit – Placement			Data currently unavailable	Data currently unavailable
	VISPDAT  Amount of Savings After Enrollment				
<i>Activity 1.3- Elijah House Collaboration</i>		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>	
	<b>Process Measure:</b> Average Daily Census	28/36	N/A	Closed 2022	
<i>Activity 1.4- Healthy Homes</i>		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>	
	<b>Process Measure:</b> Number of individuals housed – <i>Opened July 2020</i>	3	N/A	3	
	<b>Short Term Outcomes:</b> Number qualifying for low income and Section 8 Housing	N/A	N/A	N/A	
	<b>Medium Term Outcomes:</b> Number of those transitioned into permanent housing	N/A	N/A	N/A	
<b>Source of Data:</b> AHCL EMR, Hope Center & Hope Harbor self-reported.					
<b>Target Population(s):</b> <ul style="list-style-type: none"> <li>Homeless with health conditions and history of high healthcare utilization</li> <li>Patients in need of respite care.</li> <li>Homeless during cold months.</li> </ul>					
<b>Adventist Health Resources:</b> (financial, staff, supplies, in-kind etc.) Staff, Financial, Data tracking.					
<b>Collaboration Partners:</b> <ul style="list-style-type: none"> <li>Adventist Church &amp; others, Lake County Transit (bus), Hope Rising community coalition, EMS, Fire, Law Enforcement, City government, Sutter Lakeside Hospital, Lake County Department of Health.</li> </ul>					
<b>CBISA Category:</b> A - Community Health Improvement					

### Strategy Results 2022:

Due to the ongoing pandemic, many of our programs continued to be impacted into 2022. Additionally, due to staffing shortages, many of our programs remained on hold. In 2022 under new administration, Restoration House transitioned from a medical respite care facility to a recuperative care facility to

better meet our goals and objectives. Hope Center is a key partner in addressing homelessness in our community and in 2022 Adventist Health Clear Lake was asked to take over the operations and staffing of Hope Center. While this transition was not completed in 2022 the partnership continued. Due to staffing changes and accountability, some of the data was incomplete and unknown. Adventist Health Clear Lake expanded partnership in 2022 to meet stated goals.

<b>Priority Health Need: Community outreach and engagement for all high need and/or disenfranchised communities and access to health services.</b>				
<b>Goal Statement: Increase healthy behaviors in the community.</b>				
<b>Mission Alignment: Well-Being of People</b>				
<b>Strategy 1: Providing services into the community and adding access points to health and social services.</b>				
<b>Program/Activity</b>	<b>Metrics</b>			
<i>Activity 1.1 Shower Trailer</i>		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>
	<b>Process Measure:</b>			
	Number of Showers	72	Previous report available upon request	2,388
	Percentage of Health Screenings	100%		Data currently unavailable
	Number of Referrals	25		Data currently unavailable
	<b>Short Term Outcomes:</b>			
Number of referrals to Lake County Social Services	72	Data currently unavailable		
<b>Medium Term Outcomes:</b>				
Percentage of participants utilizing healthcare services through primary care.	25%		Data currently unavailable	
Number of Urgent Care- Chronic Disease Management Needed	5			
<i>Activity 1.2- Safe Sleeping for Baby &amp; New Mothers (English &amp; Spanish)</i>		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>
	<b>Process Measure:</b>			
	Number of Sleep Safe Classes	4	Previous report available upon request	54
	Number of Attendees	30		29 ENG 25 SP
	Number of 1:1's Offered	3 ENG 1SPN		
	<b>Short Term Outcomes:</b>			
Number of mothers & babies that stay with AHCL PCP				
<b>Medium Term Outcomes:</b>				
Decrease in SIDS.				
Improved Pediatric Outpatient Visit Compliance				
<b>Source of Data:</b> AHCL EMR, Shower Trailer self reporting				
<b>Target Population(s):</b> Homeless, Low income families, Spanish speaking				



<p><b>Adventist Health Resources:</b> (financial, staff, supplies, in-kind etc.) Staff, Financial, Supplies</p>
<p><b>Collaboration Partners:</b> (place a "*" by the lead organization if other than Adventist Health)</p> <ul style="list-style-type: none"> <li>• Churches &amp; Clearlake Community Centers for shower trailer host locations, City of Clearlake.</li> <li>• Lake County Peer Support, Lake County Behavioral Health</li> </ul>
<p><b>CBISA Category:</b> A - Community Health Improvement</p>

### Strategy Results 2022:

**AHCL Shower Trailer Project** – This project expanded to 5 days per week and increased to four locations in Lake County – Clearlake Oaks Big O Peer Center, Clearlake Shower Trailer site at the Senior Center, Lucerne and Kelseyville. We have seen a substantial increase in the number of guests served each week. We held two Health Outreach Events, offering COVID vaccines and testing, wound care, Narcan training and kit giveaway, dental screening, Social Services applications, haircuts, etc. At each event we had nine community partners that also participated. With a local community grant, we have been able to provide clean clothes (socks, underwear, sweats, t-shirts) for our guests.

Partnership with faith based organizations helped expend capacity to provide more clothing as well as meals at each location.

**Baby Sleep Safe** – CPSP (*Comprehensive Perinatal Services Program*) is a program that guides the mother through the pregnancy and postpartum journey. The program follows three assessments: Heath Education, Nutrition, and Psychosocial. At every appointment our conversation and education fall under one of these three categories. The goal of the program is to enhance the knowledge of maternity for each woman, all through education and community support. Much of what we know about pregnancy is only seen from the outside (*i.e. body changes*). The CPSP program helps woman understand what is happening on during their pregnancy. The program explores fetal development, emotions, hormone changes, up to and including postpartum care, which includes baby safe sleep environment/and preparedness. The CPSP program wants to give every mother and their baby a healthy start.

Priority Health Need: Increase opportunity for cancer prevention and screenings.				
Goal Statement: Reduce cancer mortality rate in Lake County				
Mission Alignment: Well-Being of People				
Strategy 1: Increase screening opportunities by expanding early detection programming.				
Program/Activity	Metrics			
Activity 1.1 "AHEAD" Hereditary Cancer Screenings		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>
	<b>Process Measure:</b>			
	Number of Screenings			
	Number of Referrals to Specialty			
	<b>Short Term Outcomes:</b>			
	Number of Biopsies Ordered	On Hold Due to COVID-19	On Hold Due to COVID-19	
	Number of New Patients Screening			
Percentage of Malignant/Benign Cases				
<b>Medium Term Outcomes:</b>				
Number of patients in treatment from screening				
Mortality Rate				
Activity 1.2- 3D Mammography		<b>Year 1 2020</b>	<b>Year 2 2021</b>	<b>Year 3 2022</b>
	<b>Process Measure:</b>			
	Number of Screenings		1,873	2,202
	Number of Referrals		50%	
	Number of Treatments			
	Compliance Rate	On Hold Due to COVID-19		
	<b>Short Term Outcomes:</b>			
Number of Biopsies Ordered				
Percentage of Malignant/Benign Cases				
<b>Medium Term Outcomes:</b>				
Number of patients in treatment from Screening				
Mortality Rate				

Activity 1.3- Colorectal Screening (Scope)		Year 1 2020	Year 2 2021	Year 3 2022	
	<b>Process Measure:</b>	On Hold Due to COVID-19			
	Number of Screenings		3,004	5,683	
	Number of Referrals		60%		
	Number of Treatments				
	Compliance Rate				
	<b>Short Term Outcomes:</b>				
Activity 1.4- Prostate Cancer Screenings	Number of Biopsies Ordered	On Hold Due to COVID-19			
	Percentage of Malignant/Benign Cases				
	<b>Medium Term Outcomes:</b>				
	Number of patients in treatment from Screening				
	Mortality Rate				
	<b>Process Measure:</b>				
	Number of Screenings	On Hold Due to COVID-19			
	Number of Referrals		On Hold Due to COVID-19		
	Compliance Rate				
	<b>Short Term Outcomes:</b>				
	Number of Biopsies Ordered				
	Percentage of Malignant/Benign Cases				
	<b>Medium Term Outcomes:</b>				
	Number of patients in treatment from Screening				
	Mortality Rate				
<b>Source of Data:</b> AHCL EMR					
<b>Target Population(s):</b> Vulnerable Population					
<b>Adventist Health Resources:</b> Facility, Staff, Supplies, Financial					
<b>Collaboration Partners:</b> (place a "*" by the lead organization if other than Adventist Health) AHSH, AHUV, Howard Memorial					

**CBISA Category:**

A - Community Health Improvement

**Strategy Results 2022:**

**Cancer Screening:** In 2022, Adventist Health Clear Lake continued to navigate the challenges of the pandemic. While there were increased numbers of 3D mammography and colorectal screenings, data for other types of cancer screenings was incomplete. The new goal of encouraging patients to schedule cancer screenings as we began to emerge from the pandemic became even more important. Due to patients reluctance to visit medical facilities, Adventist Health Clear Lake's new expansive goal to encourage healthy lifestyle practices through the Blue Zone Project Lake County became a priority inlight of these new challenges.